



somerset **village** &  
**community agents**

**Viney Court,  
Viney Street,  
Taunton,  
TA1 3FB**

**Tel: 01823 331222**

**Email: [info@somersetcc.org.uk](mailto:info@somersetcc.org.uk)**

**Website: [www.somsetrcc.org.uk](http://www.somsetrcc.org.uk)**



somerset  
**carers**

March brings a stirring of energy. You can hear it around you in the bird song and see it with the early flowers and excited anticipation of the summer months ahead.

Mother's Day was traditionally a time to return to the Mother Church, to your family and your roots. A time to reflect and feel grateful for the support you have received and the beautiful world around you. Today mindful reflection and gratitude for even the smallest things has been proven to increase your mental well being, and an important way to feel good – try 5 minutes of this type of thinking when you wake up in these lighter mornings, it's a great positive start to your day!

CCS Somerset Agents are also all around you to help you to get the most out of your life. Village Agents work with anyone who asks for support and can be found in your parish magazine and website and on our website [www.somersetagents.org](http://www.somersetagents.org)

Carers Agents will support you if you are over 18 and are looking after someone in an unpaid capacity whether that's your child if you are their Carer, partner, relative or friend – lots of advice and support options can be found at [www.somsetcarers.org](http://www.somsetcarers.org) or by calling our freephone helpline 0800 3168 600. Community Agents will support you with a referral from Adult Social Care (call Somerset Direct on 0300 123 2224) or may work direct from your local doctor's surgery. And finally, our transport agent is working on transport solutions for the whole county.

To find out more pop-in to any of our Talking Cafes – free drop in's – and meet one of the CCS Agents who can set you up with the right support for you. See below for your local Talking Café:

*(delete as appropriate keeping your local Talking cafes)*

**Bridgwater:** Bridgwater Arts Centre Every Thursday 10am – 1pm (UNTIL 26<sup>th</sup> MARCH)  
**NEW VENUE FROM 2<sup>nd</sup> APRIL: Bridgwater:** The Hub, Angel Place Shopping Centre(Upper Level), TA6 3TQ Every Thursday 10-1

**Burnham-On-Sea:** Methodist Church, College Street Every Tuesday 11am – 2.30pm

**Cheddar:** Baptist Church, Lower North St. Every Monday\* 9.30am – 12.30pm

**Chard:** Chard Library, Holyrood Lace Mill, Holyrood St. Every Monday\* 2pm - 4pm

**Dulverton:** Dulverton Library, 7-9 Fore Street Every Friday 10.30am – 12.30pm

**Henstridge:** The Bird In Hand, BA8 0QD Every 1st & 3rd Wednesday 11am – 12.30pm

**Highbridge:** YMCA Highbridge Hotel, Huntspill Rd Every 1st & 3rd Thursday 10am - 1pm

**Langport:** The Angel, Bow Street Every Monday\* 10am – 1pm

**Minehead:** The Beach Hotel Every Monday\* 10am – 1pm

**Porlock:** Porlock Village Hall 3rd Tuesday of the month 11am – 1pm

**South Petherton:** South Petherton Library, 3 St. James St Every Friday 10am – 12 noon

**Street:** Fondo Lounge, 107 High Street Every Wednesday 10am - 12 noon

**Taunton:** Great Western Hotel, Station Approach, TA1 1QW Every Monday\* 10am - 1pm

**Taunton:** The Hub Cafe, 2 Queen Street, TA1 3JB Every Tuesday 10am - 1pm

**Taunton:** Musgrove Hospital, Home First @ Concourse Hub Every Wednesday 10am - 1pm

**Wellington:** The Where Centre, Noth Street, TA21 8LY Every Tuesday 10.30am – 1pm



**CCS**  
people · place · enterprise

Somerset Village Agents  
Funded & in Partnership with:



**COMMUNITY  
FUND**

Somerset West  
and Taunton

**NHS**  
Somerset  
Clinical Commissioning Group

**Hastoe**  
Group



**SOMERSET  
County Council**



somerset **village** &  
**community agents**

Viney Court,  
Viney Street,  
Taunton,  
TA1 3FB

Tel: 01823 331222

Email: [info@somerstrcc.org.uk](mailto:info@somerstrcc.org.uk)

Website: [www.somerstrcc.org.uk](http://www.somerstrcc.org.uk)



somerset  
**carers**

**Williton:** Williton Pavilion, Killick Way Every Tuesday 10am – 12 noon

**Wiveliscombe:** Silver Street Centre Every Wednesday 10.30am – 12 noon

**Yeovil:** HomeFirst @ Yeovil Hospital, in the Canteen Every Wednesday 2pm - 4pm



07968521746

[cath@somerstrcc.org.uk](mailto:cath@somerstrcc.org.uk)

I support unpaid carers in South East Somerset to connect them with community resources, support groups and personal support around benefits and allowances. We also have a team of Community Agents and Village Agents across Somerset. They help to bridge the gap between isolated, excluded, vulnerable and lonely individuals and statutory and/or voluntary organisations which offer specific solutions to identified needs. We can offer advice and support to find local groups and activities available in your community. Please visit [www.somerstrcc.org.uk](http://www.somerstrcc.org.uk) and [www.somersetcarers.org](http://www.somersetcarers.org) or call me to find out who can advise you.



**CCS**  
people • place • enterprise

Somerset Village Agents  
Funded & in Partnership with:



**COMMUNITY  
FUND**

Somerset West  
and Taunton

**NHS**  
Somerset  
Clinical Commissioning Group



**Hastoe**  
Group